BRAIN GYM® IN ACTION – Professional Development Workshop

This workshop is designed to give you a short, concise overview on BrainGym® activities. It is aimed at teachers who have never had any experience with BrainGym and who want to learn more. It is also great for all other educators who would like to update their knowledge base.

'BrainGym in Action' is run over a period of one day (~6 hours) and cost $120 per person. Minimum number of attendants per workshop is 15 people. Smaller schools and communities often join together to form larger groups, and fees for these can be negotiated.
We realize your need to plan for the upcoming term so we are happy to be flexible where-ever possible. However, early bookings will ensure that your needs will be met - So **BOOK EARLY!** ☺

Early bird registrations will receive a **FREE** copy of the BrainGym® Teacher's Edition for your school library! Bookings over 20 people will also receive **FREE** BrainGym specialised learning tools.

In this workshop you will learn:

- How and why Brain Gym works
- Important Brain Gym movements
- PACE - a specific 5 minute sequence of Brain Gym movements that help your students to settle down within minutes, relax, pay attention and effectively 'switch on' to **Whole-Brain learning**.
- Learn which sets of Brain Gym are most useful and when to use them.
- Instant ways to improve:
  reading, writing, maths, spelling, speaking, listening and behaviour.
- Also the movements are easily adaptable for sports, music, drama, and arts.

By using the Brain Gym movements regularly, your students will be:

- **more settled**
- **more receptive**
- **more responsive**
- **ready to listen and learn in a relaxed 'Whole-Brain' way!**

Register now for… Simple and fun activities ready to use in class.

REGISTER FOR:

BRAIN GYM IN ACTION – 1 Day: 10 Aug, 15 Nov '08 or your dates!
BRAIN GYM 101: 10, 17, 24, 31 Aug '08 **and Special Needs** PD Workshops

Please register us for a **Brain Gym in Action, Brain Gym 101 and / or Special Needs!**

SCHOOL: _____

CONTACT PERSON: _____

ADDRESS: _____

WE WISH TO REGISTER: Brain Gym in Action (1 Day):_____ NUMBER OF PARTICIPANTS **and / or** Brain Gym 101 (4 Days):_____ Special Needs (1 Day):_____NUMBER OF PARTICIPANTS

(The one day BG in A course counts as the first day of the Brain Gym 101 four day course. Minimum numbers apply.)

PAYMENT CHEQUE ENCLOSED: $ _____ PREFERED DATES: 10 Aug, 15 Nov, Other

(we'll do our best to accommodate your needs where-ever possible)

Payable to 'The Brain Gym Centre of WA' - PO Box 4168, Mosman Park WA 6012

Thank you. We look forward to seeing you soon!

The Brain Gym Centre of WA Surgeries in Claremont, Palmyra PO Box 4168, Mosman Park WA 6012
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www.braingymwa.com.au

The Brain Gym Centre of W.A.

"Where Whole-Brain Solutions Are Reality"

www.braingymwa.com.au

BRAIN GYM® 101
and
SPECIAL NEEDS COURSES

BrainGym® is a program of easy physical movements that synchronize body and mind to optimize how we learn and perform in all areas of our lives . . .

at school
the arts
athletics
social skills

Since 1990, Brain Gym has been annually awarded by the White House TaskForce on Learning as one of today's leading technologies for education.

Special Needs
1 day certificate course

This is a follow-up to Brain Gym 101. Many teachers, specialised school therapists and parents have found this course gives them *the missing pieces* to thoroughly aid the more challenging students.

In this course we cover:

- ♦Different learning styles and **how to adapt** teaching to include all needs at the same time.
- ♦Specific skills for **one on one**. Some with *instant* results for 'violent' or uncontrollable situations.
- ♦Specific skills for handling **challenging students** within the whole class setting with productive learning and performance outcomes for all.
- ♦Learning challenges covered: Autism, ADD / HD, Dyslexia, Dyspraxia, Global Delay, Mentally and Physically challenged individuals… your specific cases!
- ♦An opportunity is created to bring children into this workshop to **demonstrate** and **problem solve** how to best assist these individuals.

These skills are designed for short term gains with long term and often dramatic outcomes, leading to improvements in ALL areas of developmental stages, learning, growth and function. Students become more settled, attentive and capable of **Whole-Brain Learning.** Students show increased learning, with greater retention and recall of the material being taught. **Happily!**

$200 per person ☼ By Request (minimum 6 participants)

Brain Gym® (101)
4 day certificate course

Experience **Whole-Brain** integration through Full body neuro-muscular developmental movement. Learn twenty-six Brain Gym® movements, the **Edu-K five step Balance** process, and Three Dimensional plus Dennison Laterality **Brain Repatterning**. Discover a permanent tool for reaching personal goals. Applications for schools, students, teachers, parents, artists, athletes, health care practitioners, and business professionals.

We begin by exploring ways to integrate left and right brain hemispheres leading to greater ease in activities that involve crossing the midline such as reading, writing, listening, movement and daily life skills. In addition to the Laterality dimension of the brain, two further dimensions are explored: Centering and Focus.

Three Dimensional Brain Processing:
Laterality – Cerebral Cortex (mid-line crossing)
Centering – Mid Brain and Limbic (emotional) systems
Focus – Cerebellum, Pons and Brain Stem connecting to Cerebral Cortex, the *executive brain*.

This knowledge contributes to an experience of 'whole-brain' integration as it applies to communication, organisation, focus and comprehension skills.

To organise the most suitable dates for your school or district please contact us, or if you wish to send teacher to us Perth course dates are:

☼ Sun – 10, 17, 24, & 31 August 08

$590 Early Bird = Full payment received 3 weeks in advance.
(Standard price within West Aust: $650 pp)

A Complete Professional Training is available through The Brain Gym Centre of WA. With modules being nationally and internationally accredited. Recognised within over one hundred countries giving you a national and internationally recognised practitioner or instructor accreditation. For further details please → ***contact Lee-Anne MacLeod or Patrick Deuchar.***

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